

6. Nebhinani, N., & Jain, S. (2019). Adolescent mental health: Issues, challenges, and solutions. *Annals of Indian Psychiatry*, 3(1), 4.

SEMESTER III
OPEN ELECTIVE COURSE
PYOE3: Youth, Gender and Identity

Unit 1: Introduction

- a. Concepts of Youth: Transition to Adulthood, Extended Youth in the Indian context
- b. Concepts of Gender: Sex, Gender Identity, Sexual Orientation, Gender Roles, Gender Role Attitudes, Gender Stereotypes
- c. Concepts of Identity: Multiple identities

Unit 2: Youth and Identity

- a. Family: Parent-youth conflict, sibling relationships, intergenerational gap
- b. Peer group identity: Friendships and Romantic relationships
- c. Workplace identity and relationships
- d. Youth culture: Influence of globalization on Youth identity and Identity crisis

Unit 3: Gender and Identity

- a. Issues of Sexuality in Youth
- b. Gender discrimination
- c. Culture and Gender: Influence of globalization on Gender identity

Unit 4: Issues related to Youth, Gender and Identity

- a. Youth, Gender and violence
- b. Enhancing work-life balance
- c. Changing roles and women empowerment
- d. Encouraging non-gender stereotyped attitudes in youth

Unit 5: Law and Youth

- a. Juvenile Justice act
- b. LGBT rights in India
- c. UNICEF programs for youth

References

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- Baron, R.A., Byrne, D. & Bhardwaj, G. (2010). Social Psychology (12th Ed). New Delhi: Pearson.
- Elizabeth Herlock (2015) Developmental Psychology, McGraw-Hill
- Nayana Joshi (2019): Handbook of Juvenile Justice, Lawmanns Publication